



“Vaccination – why should I be vaccinated?”



Vaccination, also referred to as immunization, provides an individual with specific protection from certain viruses and bacteria-causing illnesses. The administration of vaccines is necessary to:

Eradicate, eliminate or reduce diseases to the lowest levels possible throughout SUSAINED IMMUNIZATION. Vaccination is a core component of Primary Care and is available at **ALL** Health Centres.

- You and your children should be vaccinated because:
- ✓ Vaccines will help keep you healthy
 - ✓ Vaccination is very safe and effective
 - ✓ Vaccine-preventable diseases are still present
 - ✓ Vaccination can mean the difference between life and death
 - ✓ When you get sick, your children, grandchildren and parents are at risk too



Interested in getting your children vaccinated?
See below as a guide:

AGE	DOSE	VACCINE
2 Months	1 st	DPT / Hep B / Hib, Pneumococcal, IPV
4 Months	2 nd	DPT / Hep B / Hib, Pneumococcal, OPV
6 Months	3 rd	DPT / Hep B / Hib, Pneumococcal, OPV
12 Months	1 st	Measles Mumps Rubella, Yellow Fever
18 Months	1 st Booster	DPT, OPV, Pneumococcal
2 Years	2 nd Booster	Measles Mumps Rubella
2 + Years	As indicated	Pneumococcal 23, Meningococcal
4 -5 Years	2 nd Booster	DPT, OPV
9 – 12 Years	Booster	Diphtheria; Tetanus (Adult)
11 - ≤ 15 Years	1 st	Human Papilloma Virus
	2 nd	Human Papilloma Virus
6 Months +	Once yearly	Influenza
9 Years +	Every 10 years	Diphtheria Tetanus
15 – 26 Years (M)	1 st	Human Papilloma Virus
15 – 45 Years (F)	2 nd	Human Papilloma Virus
	3 rd	Human Papilloma Virus
	As indicated	Rabies

VACCINATION SAVES LIVES